

## Health determinants for Russians

Ermolaeva P., Noskova E., Shakirova A.

*Kazan Federal University, 420008, Kremlevskaya 18, Kazan, Russia*

---

### Abstract

© 2016 Taylor & Francis Group, London. Health, according to the opinion of the most modern national sociologists [5, 6], is among the fundamental factors of quality of living. Health is the basis of physical, labor, and social activity of the human, and the state of health depends—directly or indirectly—on the main indicators of quality of living, both work and working time, material well-being, life and free time, marriage and family.

---